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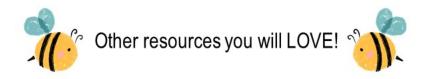
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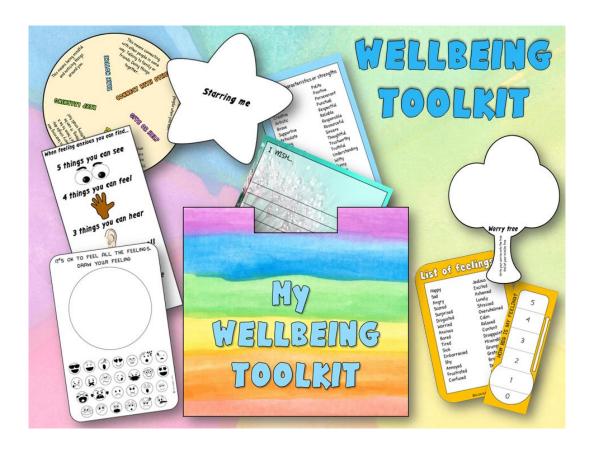
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Gratitude walk

Go for a walk around your house, garden, classroom or school. Use your senses of sight, hearing, touch, smell and taste to make a list of things you are grateful for. Write them below

