



**Nottinghamshire
County Council**

Autumn - Winter 2017/18

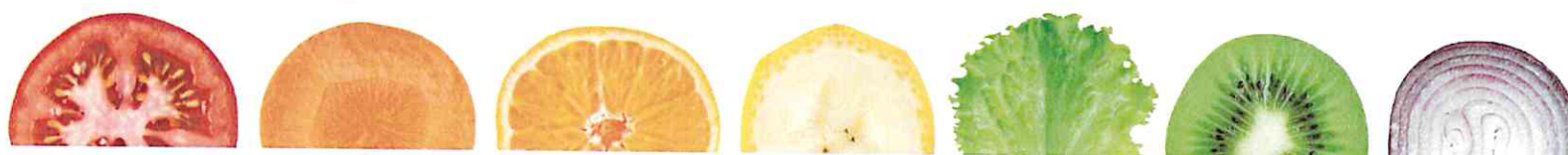
WEEK 1

WEEK COMMENCING:

4 Sept, 25 Sept,
16 Oct, 13 Nov,
4 Dec, 22 Jan,
12 Feb, 12 March



**Clarborough
Primary School**



MENU

MONDAY

Vegetarian sausage roll & gravy
Roast new potatoes
Seasonal vegetables

Celery Milk Gluten

or

Pasta Neapolitan
Garlic slice
Seasonal vegetables

Milk Gluten Egg
Milk Gluten

Tomato soup & dipping bread

Celery Gluten Soya

TUESDAY

BBQ turkey wrap
Baby jacket potatoes
Seasonal vegetables

Gluten

or

Jacket potato & mixed salad with cheese
or baked beans or tuna

Milk Egg Fish

WEDNESDAY

Roast gammon, pineapple & gravy
Roast potatoes & mashed potatoes
Seasonal vegetables

or

Quorn roast, stuffing & gravy
Roast potatoes & mashed potatoes
Seasonal vegetables

Milk Egg Gluten

Cheese & bacon pinwheel

Milk Gluten

FRIDAY

MSC Fish goujons
Oven chips
Seasonal vegetables

Gluten Fish

or

Mediterranean tagliatelle
Garlic slice
Seasonal vegetables

Gluten Egg
Gluten Milk

SECOND COURSE

Apple & blackberry & custard

Gluten Egg Milk

Venison burger in a bun
Jacket wedges
Coleslaw & mixed salad

Soya Milk Egg
Gluten

or

Vegetarian burger in a bun
Jacket wedges
Coleslaw & mixed salad

Egg

Soya Milk Egg
Gluten

Egg

Cornflake tart & custard

Milk Gluten
Sulphur Dioxide

Pancakes with frozen yoghurt & hot
cherries

Milk Egg Gluten
Sulphur Dioxide

SERVED DAILY

Fruit yoghurt (milk*) (when a pudding is served) and best of both bread (gluten and soya*)
*Allergens

WEEK 2

WEEK COMMENCING:

11 Sept, 2 Oct,
31 Oct, 20 Nov,
11 Dec, 8 Jan,
29 Jan, 26 Feb,
19 March



Clarbrough Primary School



FIRST COURSE

SECOND COURSE

MENU			
MONDAY			
Margherita pizza	Gluten Milk	Butterscotch mousse & banana	Milk
Potato croquettes	Milk		
Seasonal vegetables			
or			
Roasted vegetable pasta	Gluten Egg		
Garlic bread	Gluten Milk		
Seasonal vegetables			
TUESDAY			
Porkies in gravy	Gluten	Chocolate ice cream roll & chocolate sauce	Soya Milk Egg Gluten
Mashed potatoes & Yorkshire pudding	Milk Egg Gluten		
Seasonal vegetables			
or			
Cheese & broccoli bake	Gluten Milk Mustard		
Garlic slice	Milk Gluten		
Seasonal vegetables			
WEDNESDAY			
Cheese & tomato pinwheel	Milk Gluten	Beef taco	Fish
		Roasted new potatoes	
		Seasonal vegetables	
		or	
		Cheesy tomato pasta	Milk Gluten Egg
		Garlic slice	Milk Gluten
		Seasonal vegetables	
		Fruit flapjack	Gluten
THURSDAY			
Roast turkey, stuffing & gravy	Gluten		
Roast potatoes & mashed potatoes			
Seasonal vegetables			
or			
Quorn roast, stuffing, & gravy	Milk Egg Gluten		
Roast & new potatoes			
Seasonal vegetables			
FRIDAY			
Tomato soup & dipping bread	Celery Gluten Soya	MSC breaded fish	Gluten Fish
		Noisette potatoes	Milk
		Seasonal vegetables	
		or	
		Jacket potato, cheese, baked beans or tuna & mixed salad	Milk Egg Fish
SERVED DAILY			

Fruit yoghurt (milk*) (when a pudding is served) and best of both bread (gluten and soya*)
*Allergens

WEEK 3

WEEK COMMENCING:

18 Sept, 9 Oct,
6 Nov, 27 Nov,
18 Dec, 15 Jan,
5 Feb, 5 March,
26 March



Clarbrough Primary School



FIRST COURSE

SECOND COURSE

MONDAY

Melon & ham

Quorn dippers in a tortilla wrap

Milk Egg Gluten

Jacket wedges

Seasonal vegetables

or

Cheese & broccoli quiche

Potato croquettes

Seasonal vegetables

Milk Egg Gluten
Milk

Butterscotch tart

Gluten Milk

TUESDAY

Nottinghamshire sausage in onion gravy

Mashed potatoes & Yorkshire pudding

Seasonal salad

or

Lentil dahl

Wholegrain rice

Seasonal vegetables

Mustard Celery

Pasta Bolognese

Garlic slice

Coleslaw & mixed salad

or

Jacket potato & mixed salad with cheese
or baked beans or tuna

Milk Gluten Fish
Milk
Milk Gluten
Egg
Milk Gluten Fish

Apple crumble & custard

Milk Gluten

WEDNESDAY

Roast gammon, Yorkshire pudding &
gravy, mashed potatoes, seasonal
vegetables *or*

Quorn roast, stuffing & gravy

Roast potatoes & mashed potatoes

Seasonal vegetables

Milk Egg Gluten

Cheese, crackers & apple wedge

Milk Gluten

THURSDAY

MSC fish finger wrap

Oven chips

Seasonal vegetables

or

Tuna & sweetcorn pasta

Garlic slice

Seasonal vegetables

Milk Fish Gluten
Egg
Milk Gluten

Apple & blackberry cake & custard

Egg Gluten Milk

FRIDAY

SERVED DAILY

Fruit yoghurt (milk*) (when a pudding is served) and best of both bread (gluten and soya*)
*Allergens